

## Drug Awareness Course

*"Never look down on somebody unless you are helping them up."*

*Jesse Jackson.*

**This half day training course aims to increase knowledge and awareness of key issues relating to drug use.**

<b>Duration</b>	<b>Where</b>	<b>Training Dates</b>	<b>Costs</b>
Half-day	Your Offices (In-house)	Client's preferred dates	<a href="#">Contact us for a quote</a>

### **Your Drug Awareness Course Delegates Will Learn To...**

- Recall the most commonly used drugs (including legal highs, illegal drugs and alcohol) and understand their legal classification.
- Identify a range of reasons why people use drugs.
- Spot the different signs and patterns of drug use and respond appropriately.
- Recognise the potential impact of substance use both professionally and personally.
- Understand the link between drugs and mental health.

### **Who Will Benefit**

All staff. Managers could attend separately.

### **Learn How To Help Others With The Awareness Of Drugs**

Are your teams aware of the effect that drugs can have on individuals? Do they understand how and when they can help? Drugs have a huge influence on today's society. In 2015/16, around 1 in 12 (8.4%) of adults aged 16 to 59 had taken an illicit drug in the last year, equating to around 2.7 million people (NHS Digital). **Are your staff aware of these figures and support they can offer to colleagues, friends and family?** People with a lack of awareness are often confused about what to say and what advice and help they can offer.

At Elite we believe an **increased awareness helps everyone** with staff becoming more understanding and being able to support and show empathy with the user. It is important to remember that drug use takes many forms and there are different levels of classification, from the recreational cannabis smoker to the addicted heroin addict. We cover all this on our workshop, breaking the taboo of about drug awareness to address associated issues.

The training course will provide participants with the basic **principles of drug awareness** and give them the **tools to support those affected**.

## How It Works

- We discuss your objectives, any known drug issues within your organisation and training areas you'd like covered, then **tailor the course to meet your needs**.
- With our **easy-to-digest knowledge share and exercises**, participants show empathy and provide support with drug users.
- Our course delivery is **interactive** and depending on your needs, includes discussion on known issues and possible scenarios.

## Benefits To Your Organisation

- Greater understanding of drug use and the number of people affected.
- Empathy and support for those affected by drug use.
- Knowledge of how drugs can affect illness and mental health, and where to get help and advice from.

## About Us

- For **over 20 years** we've been delivering excellent management training and personal development skills to businesses and public sector organisations across the UK.
- Our trainers enhance the learning experience with our **high energy, results driven approach**.
- Experiential learning with business games and training materials help participants acquire essential knowledge and skills through **active, self-reflective engagement** and enable them to remember the key learning points.

## Why Choose Elite Training

- **Training Courses:** Skilled and experienced trainers that develop and understand your needs and deliver **enjoyable, tailored and cost-effective in-house training**.
- **Business Games:** Fun and realistic, sold worldwide to use over and over again for quality development.
- **Team Building:** Injecting training expertise, real-life examples and fun to draw out key learnings.
- **Coaching:** Results driven executive and business coaching, creating environments where people develop and thrive, improving performance.
- **Development Programmes:** Tailored and bespoke programmes, developing and inspiring leaders, supporting strategic objectives and business change.

**To tailor your training and book,  
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